



# COMMUNITY LEISURI

#### Puppet show informs, entertains children

MARCH

Jennifer Scales

Fort Stewart Public Affairs

New stars on the horizon entertained children at Club Stewart, March 23 and at the Hunter Club, March 24. After about four months of preparation, Sergeant Rocky's Neighborhood Puppet Show and its new stars faced their premiere audiences.

In puppeteer fashion, Sgt. Rocky, Rachel and Tommy joined Linda Liberty in a show presented by the Mobilization and Deployment office to discuss and share issues dealing with deploy-

Though the show was geared for kids ages 4 to 10, there were younger ones and many adults who were present for the Stewart presentation.

Linda Liberty, also known as Linda Moseley, Mobilization and Deployment manager, said that the show uses puppets because

kids usually find it easier to talk to them, especially to talk about their emotions.

"The show discusses things like missing their parent, what if their parent got sick or wounded and the medical resources over there, and a bit about the country (Iraq or Afghanistan) their parent is in,' said Moseley.

Networking with the young audience is exactly what occurred. From the entrance of both Linda Liberty and Sgt. Rocky, the 2-yearold bulldog owned by Traci Wheeler, the children were involved.

Jennifer Scales

Linda Liberty and Sergeant Rocky talk to children in the audience about their deployment concerns during the premiere presentation of Sergeant Rocky's Neighborhood uppet Show at Club Stewart, March 23.



#### Thunder Run celebrates grand opening

OCTOBER 21, 2010

Sgt. Robert Schaffner Jr.

The Frontline Staff

The new Thunder Run dining and entertainment facility grand opening ceremony began in the Club Stewart ballroom with remarks from Brigadier General Jeffery Phillips, 3rd Infantry Division deputy commanding general-rear followed by remarks from Colonel Kevin Milton, Fort Stewart-Hunter Army Airfield garrison commander, Oct. 13.

After the ribbon cutting, special guest's gathered inside Thunder Run for a toast by Col. Milton and free sampling of food and drink affording guests the opportunity to admire the new facility and witness all it has to offer.

"This is a place that you can be proud to go to," said Col. Milton. "Thunder Run will blow you away. Its atmosphere and wonderful food cannot be found for miles around."



Sgt. Robert Schaffner Jr.

Command Sergeant Major James Ervin, Fort Stewart-Hunter Army Airfield garrison command sergeant major; Col. Kevin Milton, Stewart-Hunter garrison commander; Brigadier General Jeffrey E. Phillips, 3rd Infantry Division deputy commanding general-rear; Nia Landry and Dr. Robyn Eller, part of the Thunder Run Process Action Team; Command Sgt. Maj. Jeffrey Ashmen, 3rd Infantry Division command sergeant major-rear; and Gina Vander Zyl, Club Stewart manager; cut the ribbon, marking the official grand opening for the new Thunder Run dining and entertainment facility at Fort Stewart's Club Stewart, Oct. 13.

### School Age Youth 3, 2010 **Center opens at Hunter**

**Sharita Wilkinson** 

Hunter Army Airfield Public Affairs

A crowd of approximately 100 people braved the cold and wind to attend the Child, Youth and School Services Center's ribbon-cutting ceremony for the new School Age Youth Center at Hunter Army Airfield, along with the re-signing of the Army Family Covenant for Fort Stewart-Hunter Army Airfield, Feb. 26.

With Hunter's growing population, the center is the first of two new childcare facilities to open this year to serve

the needs of Families; the second will open in June. Two additional childcare facilities are scheduled to open in

"Our childcare programs have grown as the installation has grown," said Terri McMillian, Child and Youth Service director at Hunter. "These additions are part of the Family Covenant."

This \$7 million, 20,556 square-foot facility on S. Perimeter Road features multiple amenities such as, computer rooms, atrium, multipurpose room, and more features for Families.



Cutting the ribbon at the grand opening of the new School Age Youth Services Center at Hunter Army Airfield are (from left): Fort Stewart Garrison Commander Col. Kevin Milton; Fort Stewart Garrison Command Sgt. Maj. James E. Ervin; U.S. Senator Jack Kingston's staff representative Brooke Floyd; SAYS Director Terri McMillan; Jordan Whitten, Family Member; LaKeisha Gilchrist, Family Member; Hunter Army Airfield Garrison Commander Lt. Col. Jose Aguilar; Hunter Army Airfield Garrison Command Sgt. Maj. Gilbert Adkins; Command Sgt. Maj. Jeffrey Ashmen, 3rd ID command sergeant major-rear; and Brig. Gen. Jeffrey Phillips, 3rd ID deputy commanding general-rear.

### Hunter joins Tree City USA

**Nancy Gould** 

Hunter Army Airfield Public Affairs

Hunter Army Airfield recently became a member of a program called, "Tree City USA" and on July 29 an official sign was unveiled on Wilson Boulevard to show it.

"It's more than an honor to be a member of this program," said Lt. Col. Jose Aguilar, Hunter Army Airfield garrison commander. "It's a commitment."

Fort Stewart held an official 2009 Arbor Day tree-planting celebration on Dec. 10 and read a public proclamation supporting the program at Fort Stewart-Hunter Army Airfield. That event paved the way for Fort Stewart

and Hunter to become members of Tree City USA.

Other requirements for membership included, a "tree board or department; a tree-care ordinance and a community forestry program with an annual budget of at least \$2 per capita."

"This urban-forest program recognizes deserving communities that maintain the quality of their land," said Jeff Mangun, Fort Stewart-Hunter Forestry Branch chief.

"We are committed to taking care of our land and preserving our environment," said Lt. Col. Aguilar. "We have the largest green space in Savannah and we provide funds in our budget to maintain it."



Jeff Mangun, Fort Stewart-Hunter Army Airfield Forestry Branch chief, removes the veil on the Tree City USA sign with Lt. Col. Jose Aguilar, Hunter Army Airfield commander, July 29 on Wilson Boulevard at Hunter Army Airfield.

#### Sasha McBrayer

The Frontline Contributor



"True Grit" originally hit theaters in 1969, starring John Wayne as eye-patch wearing U.S. Marshal Rooster Cogburn, hired by 14-year-old Mattie Ross to catch the man who murdered her father and stole his horses. In the remake, which is based more closely on the book, the Cohen brothers tackle the same story. And they do it beautifully.

er and Barry Pepper is a gang boss.

"True Grit" is a flawless film, sure to earn
Oscar nominations for best adapted screen
play, best direction, best actor for Jeff
Bridges (who won last year for his role in
"Crazy Heart") and best actor and actress
noms for Matt Damon and newcomer

Hailee Steinfeld. The dialogue is perfect.

This time, Jeff Bridges plays Rooster,

Matt Damon is a sometimes clownish Texas

Ranger, Josh Brolin is a cold-blooded kill-

In fact, I'm ready to offer you my top five films of the year. They are "Inception," "The Social Network," "Toy Story 3" and "True Grit."

Hold on a sec. You're right. That's only

Hold on a sec. You're right. That's only four.

Well, I have yet to see "The Black Swan," "The Fighter" and "The King's Speech." So many films and so little time, am I right? I'm sure one of those three is perfect for the fifth slot. Let's see them all and decide together!

## AAFES

## PRESENTS TODAY THROUGH SATURDAY

#### Unstoppable

Today — 7 p.m.

(Denzel Washington, Chris Pine)

A veteran engineer and a young conductor try frantically to stop a half-mile-long freight train carrying enough combustible liquids and poisonous gas to wipe out a nearby city.

Rated PG-13 (sequences of action and peril and some language) 98 min.

#### **Burlesque**

Friday — 7 p.m. Saturday — 7 p.m.

(Cher, Christina Aguilera)

Ali is a small-town girl with a big voice who escapes hardship and an uncertain future to follow her dreams to LA. Stumbling upon The Burlesque Lounge, Ali lands a job as a cocktail waitress from Tess, the club's proprietor and headliner. Ali builds a friendship with a featured dancer, finds an enemy in a jealous performer, and gains the affection of Jack, a bartender and fellow musician. With the help of the stage manager and host, Ali makes

her way from the bar to the stage.

Her spectacular voice restores The Burlesque Lounge to its former glory.

I'm definitely a fan!

Rated PG-13 (sexual content including several suggestive dance routines, partial nudity, language and some thematic material) 119 min.

#### The Next Three Days

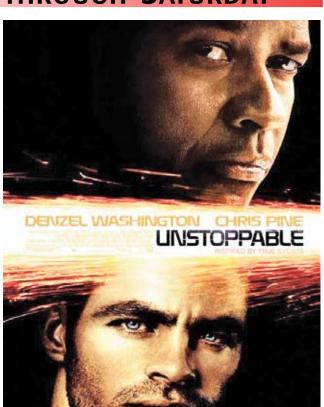
Saturday — 4 p.m.

(Russell Crowe, Elizabeth Banks)

Life seems perfect for John until his wife, Lara, is arrested for a murder she says she didn't commit. Three years into her sentence, John struggles to hold his family together, raising their son and teaching at college while he pursues every means available to prove her innocence. With the rejection of their final appeal, Lara becomes suicidal and John decides to break his wife out of prison. He devises an escape plot plunging into a dangerous and unfamiliar world risking everything for the woman he loves..

Rated PG-13 (violence, drug material, language, some sexuality and thematic elements) 122 min.

Films are subject to availability. AAFES strives to show films according to the published schedule but reserves the right to reschedule, cancel or substitute showings as needed. For more information, call 767-3069 or go to www.aafes/com/ems/conus/stewart.htm.



## 3rd ID heroes represent Division at Daytona 500

FEBRUARY 18, 2010

**Sgt. 1st Class Rhonda M. Lawson** 3rd Sustainment Brigade PAO

Nine combat veterans assigned to the 3rd Infantry Division spent their Valentine's Day in a different way this year.

The Soldiers, all decorated veterans of Operations Iraqi Freedom and Enduring Freedom, took part in the Daytona 500's Salute to the Military in Daytona Beach, Fla.

Just before the race began, the Soldiers took to the field as race officials enlightened the crowd on the history of the 3rd Infantry Division. The officials then led the attendees in chanting, "U-S-A, U-S-A!"

"It was a great way to honor the Soldiers," said 1st Sgt. Jerald Sandberg, 92nd Engineer Battalion first sergeant. "It showed that people are supportive of the Army, and it's not like it was 10 or 15 years ago."

Following the salute, the Soldiers were given the opportunity to watch the race from U.S. Army racer Ryan Newman's pit. The crew even allowed them to take turns sitting in seats on top of the tool box, where some of the crew members sat and monitored the race. For many of the Soldiers, sitting in pit row, getting to know crew members from various teams and learning more about NASCAR was the highlight of the trip.

"You don't see nearly as much racing," said Sgt. Zachary Pamer, 2nd Heavy Brigade Combat Team. "But the energy is definitely there."



Sgt. 1st Class Rhonda Lawson

For many of the Soldiers, sitting in pit row, getting to know crew members from various teams and learning more about NASCAR was the highlight of the trip.

Soldiers representing the 3rd Infantry Division stand on the field during the Dayton 500 Salute to the Military, Feb. 14. Soldiers were afforded the opportunity to view the race from the pit of Army racer Ryan Newman.

#### FMWR employees sign covenant promising excellence in service

**Bob Mathews** 

FMWR Marketing Publicity Specialist

The ballroom at Club Stewart was filled with smiles - in-person smiles, smiles on posters and smiles on the Families commensurate slide show screen behind the stage – when employees from the five Family and Morale, Welfare and Recreation divisions of Fort Stewart and Hunter Army Airfield gathered, May 6.

But the occasion was one of serious commitment. Family and MWR managers, staff and employees joined garrison and Family and MWR leadership in signing a covenant affirming their promise to "Choose Excellence" in serving what Stewart-Hunter Garrison Commander Col. Kevin W. Milton described as "the world's greatest customers"— the men and women serving America around the world.

"Catch a Smile" was the theme for the event, and the in signing the commitsmiling faces of Family and MWR employees from Stewart and Hunter were displayed in accordance with

The Army-wide theme for the Family and MWR Customer Service Program, detailed in the covenant signed by leadership and employees, is "Choose Excellence."

The Employee and Customer Covenant acknowledges a commitment that Family and MWR employees will be given the training, tools and support they need to provide excellent quality of life services and programs and to excel in their jobs.

Employees, in turn, acknowledge in the covenant life services," said Towle.

that they are "committed to providing quality through service excellence our Soldiers and with the quality of their service to our nation."

The covenant was signed by Col. Milton, Command Sgt. Maj. James E. Ervin, Linda Heifferon, director of Family and MWR at Stewart-Hunter, and Family and MWR Sgt. Maj. Robert S. McRae. Moments later, Family and MWR employees followed ment

Rebecca Towle, customer service coordinator, Family & MWR Academy, Fort Stewart-Hunter, Fort Buchanan and USAG Miami, outlined the "Choose Excellence" program, its purposes and how it will be implemented.

We want to be the premiere provider of quality of



Bob Mathews

Among those signing the Employee and Customer Covenant at the Family and Morale, Welfare and Recreation event, May 6 were, from left, Leisure Travel clerk, Katrina Herrington, Leisure Travel Services Manager Edith Ramsey, and Executive Housekeeper for Fort Stewart Lodging Maritza Garica.

#### **Hunter 7th grader gets surprise** from President Obama

30, 2010

**Sharita Wilkinson** 

Hunter Public Affairs Intern

Tamerria Robinson, a 7th-grade student at West Chatham Middle School, had no idea that writing a letter to the President would result in her being recognized by him. In his second annual Back to School speech, President Barack Obama talked about her letter in a live online speech September 14 encouraging children to stay in school.

As part of a school assignment, Tamerria had to write a letter to someone who inspired her. She chose President Obama. Weeks later, the Robinson's answering machine at home recorded a call from the White House asking if the President could talk about her letter during his address to the nation.

When Tamerria returned from school that day and played the message, she said, "I was so excited."

In the speech, Obama encouraged students to stay focused on education and work hard so they can achieve their dreams. "I was reminded of that idea the other day when I read a letter from Tamerria Robinson, a 12-year-old girl in Georgia. She told me about how hard she works, and about all the community service she does with her brother. And she wrote, 'I try to achieve my dreams and help others do the same.' 'That,' she said, 'is how the world should work.' That's a pretty good motto. I work hard to achieve my goals and then I try to help others to achieve their goals,' said President Obama.

Her father, 1st Sgt. Tomorris Robinson of Hunter Army Airfield's 110th Quartermaster Company, expressed how proud he is of his daughter.

"I am just extremely proud of my daughter for her accomplishments and the things she dreams about," he said. "She never puts limitations on herself she believes that anything out there she can accomplish."

Daphne Robinson, Tamerria's mother who is also a nurse at Tuttle Army Health Clinic, was beaming with pride, too, as her smile spread from ear-to-

"Tamerria is a special young lady," Robinson said. "She takes her studies seriously, and I couldn't be more proud of her being recognized by President Obama."

Tamerria's teacher, Ivory Graham, speaks very highly of her.

"She is very well-spoken and has a great vocabulary. This is a perfect example of how hard work can turn into something wonderful."

#### Holbrook renovations complete

**Bob Mathews** 

DFMWR Marketing Publicity Specialist

Extensive renovation work at Holbrook Pond Recreation Area and the Outdoor Recreation Center at Fort Stewart is complete, and the facility stands willing and able to serve Soldiers, their Families and others who like the idea of "getting away from it all and enjoying the great outdoors."

In remarks at a ribbon-cutting ceremony Feb. 17, Brig. Gen. Jeffrey Phillips, 3rd Infantry Division Deputy Commanding General-Rear, called Holbrook "a great facility."

"It is another expression on behalf of our Army, our Division and our installation in support of our Families, Soldiers, Army Civilians and those who work with us," he continued.

Grand The Opening celebrated completion of the \$750,000 renovation and face-

FEBRUARY 25, 2010

lift at the Outdoor Recreation Center. The spacious center, in building 8325, has a new exterior façade and entrance, an expanded classroom area, enclosed maintenance shop and paved parking lot.

Also being celebrated was completion of a \$750,000 upgrade on the north side of the Holbrook Pond Recreation Area. The work included a large pavilion and three smaller picnic shelters, all screened and with lights and ceiling fans. The project also included an environmentally friendly restroom, floating dock, fishing pier, four playground structures, basketball and volleyball courts, a walking trail and paved parking.



#### CHAPLAIN'S CORNER

## **Apples of Gold**

Chaplain (Maj.) Michael Reeves Installation Family Life Chaplain

"A word aptly spoken is like apples of gold in settings of silver", Proverbs 25:11 (NIV).

You have probably heard these words before. This simple phrase from *Proverbs* is the theme for many ministries, books and art. The picture these words paint is beautiful. The common wisdom the proverb offers, if we will listen, stands to profoundly impact every area of lives.

Consider for a minute the word or words you speak. How often in your day to day activities and relationships do you take the time to see your words in these terms? Words are never neutral. They are either "aptly spoken" and "like apples of gold" or they aren't; in which they case they are destruc-

We see all this at work when we see overwhelming statistics telling us that the ability to communicate well often

determines whether marriages succeed or fail. Experts affirm the importance of the way we speak and the things we say to our children. Military operations sometimes succeed or fail based on the ability to communicate. Workplaces are productive or they aren't depending on how well its employees communicate. Words affect every area of our lives and the lives of those around us. Wow! Words are powerful!

The Apostle James understood this

well and has great advice for us all. In James 3:10-11 he says this about our mouths, "With it we bless our Lord and Father, and with it we curse people who are made in the likeness of God. From the same mouth come blessing and cursing. My brothers, these things ought not to be so." (ESV)

Please be encouraged to place a few "apples of gold" into your"settings of silver." Your life and the lives of all those around you will be much better

#### **Chapel Schedule Fort Stewart** Catholic Location Time **Main Post Chapel Sunday Mass** 9 a.m. **Protestant** Contemporary Worship Marne Chapel 11 a.m. **Gospel Worship Main Post Chapel** 11 a.m. Marne Chapel **Traditional Worship** 9 a.m. **Heritage Chapel** Liturgical Worship 10 a.m. Kids' Church **Main Post Chapel** 11 a.m. 9:30 a.m. PWOC (Wednesday) Main Post Chapel **Islamic Prayer** Main Post Chapel Jewish Prayer Marne Chappel **Hunter Army Airfield** Catholic **Sunday Mass** 11:15 a.m. **Hunter Chapel Hunter Chapel** Weekday (M,W,F) Mass 11:45 a.m. **Protestant Sunday Service Hunter Chape** 9 a.m. **Hunter Chapel** Kids' Church 9 a.m.



#### Fort Stewart Chapel Youth Ministry

Fort Stewart Youth Ministry exists to share "Biblical Truth" with middle and high school age youth, to disciple them in the Christian faith, and to equip them for lives of Christian service.

For weekly meeting information, go to www.twitter.com/ftstewartyouth or contact Michael Iliff, Fort Stewart Youth **Ministry Coordinator** at 912-813-9789.

**Roman Catholic Daily Mass:** Main Post Chapel, 11:45 a.m., on Mon., Wed.-Fri.

Weekday Catholic Schedule

**Roman Catholic Confession:** Main Post Chapel, 4 – 4:30 p.m., Saturday

## Military couples renew marriage vows at Tybee

DECEMBER

**Nancy Gould** Hunter Public Affairs

"This was splendid," said Marisa Finney, after she and her husband, Sgt. Charles Finney, renewed their vows at the Tybee Post Theater, Dec. 8. "I would marry him 100 more times."

Sergeant Finney, a Fort Stewart 2nd Brigade Combat Team Soldier who returned to his wife in November after redeploying from Iraq, was all smiles after the ceremony which was held in the quaint, historic theater in the presence of friends and Family Members.

"I promised her a real wedding one day," said Sgt. Finney, explaining that their wedding two years ago did not have what they enjoyed today harp music, flowers, a real

wedding gown for his bride to keep—all free of charge.

The couple was among 16 other military couples who either married for the first time or renewed their vows at Tybee, Warriors project that included the talent,

reverend to officiate, and a beautiful local businesses. Besides the theater, vidual weddings and 30 individual vow their service to our Nation. ceremonies were held at three additional sites on Tybee, including two directly on the beach.

they were previously married by a justice of the peace.

This was not the first time the Weddings for Warriors project has sponsored free compliments of the Weddings for weddings for military couples. As part of the Savannah Wedding Tourism hard work and monetary donations from Council, the group also provided six indi-

renewal ceremonies to members of the Army, Coast Guard and Marine Corps on Veterans Day, 2009.

Yasmin and Sqt. Robert Acevedo, hold their children as they exit the Tybee Post Chapel on Dec. 8 after renewing their

marriage vows. The couple said they were thrilled to be recipients of the Weddings for Warriors program, especially since

President of the Savannah Wedding Tourism Council, Jim Byous, said he and his wife, Becky, thought that free weddings would be a great expression of how much they appreciate the military and

Becky Byous said it's the folks who volunteer their services who make the program possible.

"We have an all volunteer military force, so we were hoping that we could have an all volunteer response from the community — and we succeeded," she



11, 2010

Hunter Army Airfield Public Affairs

Brian Calkins, a former JROTC student at Richmond Hill High School, is thankful that his parents taught him how to set goals and reach them. Recently, that skill, along with a 3.7 GPA, helped the high school senior reach the goal of a lifetime — acceptance to the U.S. Military Academy at West Point.

Calkins received his acceptance letter in January after a nomination from Congressman Jack Kingston, the Georgia representative from the First Congressional District. He was chosen as the principal nominee, along with 16 others, ages 17 to 23, all from counties in Georgia's First Congressional District. The 17 students will begin their military careers at various academies, including the U.S. Air Force Academy, the U.S. Merchant Marine Academy, the U.S. Military Academy and the U.S. Naval Academy.

The students were interviewed by Kingston and the Military Academy Board, Dec. 4.

"This year's students are an outstanding group of young people," Kingston said. "They should be commended for their dedication. It takes a tremendous amount of hard work to achieve their level of success."

"It's his dream," said Beth Calkins, Brian's mom and a nurse at Brittin Elementary School. "I'm extremely proud." Beth said that she and husband, Chief Warrant Officer Marty Calkins, an Apache pilot with Headquarters and Headquarters Command, 3rd Combat Aviation Brigade, have tried to give their three children the abilities and opportunities to do whatever they want. Brian's brother, 18-year-old Justin, was recently accepted into the engineering program at the University of Alaska agement—sat quietly beside Brian and smiled.

and his 20-year-old sister Nicole is a student at Armstrong Atlantic State University.

"I never thought this would be so much work," said Brian Calkins, 17, the youngest of the three children who has dreamed of an Army career throughout his

He was required to write nine essays for the congressional evaluation alone. Also required were three letters of recommendation from teachers, a counselor evaluation, a physical training test, and a physical examination. Students were also interviewed by a 12-member panel that looked at their leadership potential, as well as their mental, moral and physical fitness. During his interview, Brian admitted that life as a military kid was sometimes tough but was quick to add that regardless of the unique challenges, it's a life he wants to provide his own Family one day.

"It's made me stronger," he said, after mentioning his father's seven deployments during the last 14 years. "There've been great opportunities and benefits. I've seen the Eiffel Tower in Paris; I've seen some cool concerts in Germany, and I spoke German at age 12."

Calkins' said his primary role model and motivation for a military career is his father. However, his mom has been a constant positive influence and the day-today task master in his life.

"I want to be the type (of) person my Dad is," said Calkins, boasting about his father's work ethic and competitive spirit. "And my mom—she's the toughest Mom I know."

His brother Justin voiced his agreement as he sat at a computer in the adjacent room. As the boys laughed and talked lovingly about their mom, Beth Calkins the nurse, the mom, and the constant voice of encour-



Brian Calkins, 17, recently achieved a life-long dream - acceptance to the U.S. Military Academy at West Point. His father, Chief Warrant Officer Marty Calkins, an Apache pilot with Headquarters and Headquarters Command, 3rd Combat Aviation Brigade, is currently deployed to Afghanistan.

#### 3rd CAB Families test strength, endurance in Family Iron Viper

OCTOBER

Steve Hart

Hunter Army Airfield Public Affairs

What do weights, textbooks, canned food and bricks have in common?

These are among the items Family Members and friends stuffed in their back packs to replicate 20 of the 40 pounds Soldiers lug in their rucksacks during road marches.

Nearly 100 sleepy-eyed and groggy participants crawled out of bed before dawn Avn battalion commander. to take part in the Family Iron Viper competition on Hunter Army Airfield, Oct. 2.

The Iron Viper is an annual physical competition conducted by the 1st Combat Aviation Brigade "Viper Battalion" Soldiers. The Iron Viper consists of an 12-mile road march with a rucksack full *cal competition*.

of 40 pounds of Army gear.

In the Family-version of the competition, participants ran one mile, did sit ups and push ups, and marched six miles with a 20 pound ruck.

"The idea for a Family Iron Viper competition began as an event to boost camaraderie, morale and excitement levels among Family Members of deployed Soldiers of 1/3 Aviation," said Leigh Ann Musiol, wife of Lt. Col. Mike Musiol, 1/3

Participants take off at the beginning of the six-mile march with a 20-pound ruck as part of the Family Battalion, 3rd Aviation Regiment, 3rd Iron Viper competition on Hunter Army Airfield, Oct. 2. The competition, put on by 1/3 Avn., is a version Army Physical Fitness Test followed by a of the Viper Battalion's annual physi-



### **Exercise competition benefits Wounded Warriors**

OCTOBER 14,2010

Pfc. Emily Knitter

1/3 AAB, USD-C Public Affairs

- "I feel terrible right now."
- "I feel horrible."
- "Right afterward I wasn't doing so well."

Different Soldiers made each of these remarks in the same morning, and they all had another thing in common besides the pain.

Each of them said it with a smile on his face.

Drenched in sweat and out of breath, they had just participated in the fifth annual "Fight Gone Bad," on Camp Liberty, Sept. 25. An annual competition for CrossFit participants, it was a way to get everyone together to work out and raise money for different charities.

Started five years ago, the competition originally began to support prostate cancer.

"For the first two years, [that] is what it was," explained Lt. Col. Donald Clarkson, the Anti-Terrorism Force Protection Chief for United States Forces- Iraq, owner of CrossFit Centurion in Fort Hood, Texas, and a native of Memphis, Tenn. "The third year, they added the Wounded Warrior Project, which is when I got involved because it is a cause that is near and dear to me, and it has just grown exponentially. The first two years I was involved we raised a little over half a million (dollars). Last year we raised about a million, so the goal this year was two million."

Consisting of three five-minute rounds with a oneminute break in-between, the participants had to rotate around a circuit, which included a box jump, a dead lift, tossing a 20-pound medicine ball against the wall, a rowing machine and the military press.

Three Soldiers from Company B., 2nd Battalion, 7th Infantry Regiment, 1st Advise and Assist Brigade, 3rd Infantry Division, United States Division-Center, came to the competition together to compete for a personal best score alongside other Soldiers and civilians across Victory Base Complex, support a cause they believe in and have close connection to, and mix up their workout routine.

"It's a hard work out," said Cpt. Thomas Whitehead, the commander for B Co., 2/7 Inf. "It's called "Fight Gone" and wherever there is interest. Bad" because it is designed after a mixed martial arts fight. It is a horrible 20-minute workout, but you feel great when it's done."

This year, donations were made to the Wounded Warrior Project, the Live Strong Foundation, and the CrossFit Foundation, which supports servicemembers, law enforcement, first responder communities and their Families to enhance their quality of life and fitness, explained Lt. Col. Clarkson. Although CrossFit competitions take place fairly regularly during the year at different venues, the "Fight Gone Bad" charity occurs the last Friday in September across the United States



First Lieutenant Benjamin Barnard, executive officer for Co. B., 2nd Bn., 7th Inf. Regt., 1st AAB, 3rd ID., U.S. Div.-Center, fights through the last rotation on the rowing machine during the fifth annual "Fight Gone Bad" at Camp Liberty, Sept. 25.

Staff Sergeant Ryan Sarver, the fire support noncommissioned officer in charge for B. Co., 2/7 Inf., 1st AAB, 3rd ID, USD—C, performs a military press during the fifth annual "Fight Gone Bad" competition and charity on Camp Liberty.

"Regardless of whether it is going on in Iraq, Afghanistan, the States or anywhere else in the world, I believe it is a good thing if it is benefiting the Wounded Warrior Project," said Staff Sgt. Ryan Sarver, the fire support noncommissioned officer in charge for B Co., 2/7 Inf. "I actually have a pretty good friend of mine who was wounded over here a few years ago and lost his leg. It makes me feel good to be able to come out and support something that was able to support him."

Almost all the participants do CrossFit on their own, and while they are no strangers to the program, they agreed the workout was more intense on this particular morning.

## 260th QM Soldiers paint the town pink Unit runs for breast cancer awareness



Lieutenant Colonel Jimmy Brown (center), commander of the 260th Quartermaster Battalion, and Col. Paul Cordts (back left), commander of Winn Army Community Hospital, wave to a crowd of applauding supporters as they neared the Nancy and J.C. Lewis Cancer and Research Pavilion, Oct. 27.

Spc. Matthew Vogler 260th Quartermaster Bn. Public Affairs

Busses pulled into a packed parking lot near Wilson Gate at Hunter Army Airfield, packed with the Soldiers and leadership of the 3rd Sustainment Brigade, 3rd Infantry Division, during the early morning hours, Oct. 27. Police cars and motorcycles were parked at the edge of the parking lot. The grassy field in front of the parking lot was filled from left to right with around 200 Soldiers, stretching and mentally preparing themselves for what was about to take place. They were getting ready to do battle with a vicious enemy, one who has already claimed the lives of thousands of people. The enemy: breast cancer.

The 260th Quartermaster Bn., 3rd Sustainment Bde., participated in the second Paint the Town Pink run, in partnership with the St. Josephs/Candler Nancy and J.C. Lewis Cancer and Research Pavilion. The run took them out of Wilson Gate and down Habersham Street, all the way to the hospital. After completed the run, around 50 Soldiers went up to either side of the stage and dedicated the run to past and present breast cancer patients. Many of the dedications were made to 1st Lt. Andrea Graham, executive officer, Headquarters and Headquarters Detachment, 260th Quartermaster Bn., who was diagnosed with breast cancer last August.

"I dedicated the run to Karen Iacino," said Spc. Ryan David, A Co., 3rd Special Troops Battalion, 3rd Sustainment Brigade. "It was kind of emotional to run for someone who had the disease. It made me feel proud."



Spc. Matthew Vogler

Captain Stephen Lambe leads the 10th Transportation Company, 260th Quartermaster Battalion, down Stephenson Avenue for the first leg of the "Paint the Town Pink" run.





ABOVE: Children reach for bubbles during the Baby Loves Disco Lemonade Tour event held at Club Stewart, Nov. 8. INSET: Andy Hurwitz, a co-founder of Baby Loves Disco, operates the control board.

#### **Bob Mathews**

Family and MWR Marketing Publicity Specialist

Baby Loves Disco kept Club Stewart's Ballroom rocking for three hours, Nov. 8.

Youngsters filled the club's dance floor and, to the sound of disco, pop and funk songs, excitedly burned off enough energy to have powered Fort Stewart and Hunter Army Airfield for a week.

Some parents joined their youngsters on the dance floor. Others, smiles on their faces and clapping their hands, encouraged their children to have a blast.

The Baby Loves Disco crew filled the 180-minute event with dance contests, giveaways and non-stop fun for kids up to seven years old. A bubble machine added to the fun.

For the kids who didn't want to spend all of their time dancing, there was face-painting, nail-painting, various crafts, a graffiti board and snacks at the Family and Morale, Welfare and Recreation event. The event was

Chris Dent, recreational delivery system manager, said the event was designed to energize the children, give them an opportunity to relax and have fun, and to encourage them to exercise.

Staging the Fort Stewart event was an "amazing" and "emotional" experience for Andy Hurwitz, a co-founder of Baby Loves Disco, and his staff.

And it all began with an e-mail from a Military Mom who wanted her children to experience "Baby Loves Disco."

"I'm from New York City (where Baby Disco originated), and I'd known about Baby Loves Disco since before I married my husband," said Valerie Cloutier, wife of Maj. Marc Cloutier of 1st Heavy Brigade Combat Team, 3rd Infantry Division, currently deployed.

They have two children, Grant, almost 3, and Molly, 17 months.

"I heard they were doing a tour, so I looked it up to see if they were coming anywhere near here, and the closest was Atlanta." She inquired in the e-mail if the tour might bring them closer to Fort Stewart.

Hurwitz said, "Valerie didn't ask us to come, but she described the situation here. It's not just kids not having their parents home, but worrying about their safety. We're a Family Dance Party and we're a company run by Families. It just went right to our hearts, and we didn't think twice about it. We had a gig scheduled for Jacksonville and we canceled it and came here instead.'

Baby Loves Disco did not charge for the event.

Hurwitz, whose "day job" is that of being an attorney in the music industry, said coming to Fort Stewart has had a profound effect on him and the staff and inspired them to want to do more.

"It's one of those things that you think you know what it is going to be like. None of us had ever been to a military installation before, so we didn't know what to expect. We got here early, we got a tour, we got to play with some tanks..."

He added, "We've played some of the biggest nightclubs in the country. We played in front of 10,000 people at Central Park, but this has been, for all of us, probably the best experience we've had all year."

#### Ringling Bros clowns entertain crowds at Stewart-Hunter, encourage reading



Fort Stewart Public Affairs

Jennifer Hartwig

More than 800 Family Members saw Ringling Brothers and Barnum and ing at schools, charities and other spe-Bailey Clown Ambassadors of Reading cial events. perform at three locations at Fort Stewart and Hunter Army Airfield, Jan. 7 and 8.

The husband-and-wife comedy duo, Dave and Cherie Gregg, are part of the Ringling Brothers Ambassadors of Laughter. They travel from city to city in their van as Ambassadors of Reading for "The Greatest Show on Earth," perform-

JANUARY 14, 2010

During each 45-minute performance, Dave read the book "Maximilian the Great," as Cheri made the crowd giggle as she shuffled across the stage showing the pictures.

Once the book was finished, the clowns entertained the crowd with a circus magic show, full of laughter and juggling.

Dave Gregg, of Ringling Brothers Barnum and Bailey Clown Ambassador of Reading, jokes with his circus magic assistant, Kourbyn Lalonc, during a performance.

#### Youngsters march to mark the Month of the Military Child

APRIL 8, 2010



Bob Mathews

The younger military children from Child, Youth and School Age Services child care facilities rode in buggies used to transport them on longer journeys. An estimated 400 children took part in the Month of the Military Child kickoff parade at Fort Stewart, April 1.

#### **Bob Mathews**

DFMWR Marketing Publicity Specialist

Hundreds of children, decked out in eye-catching, colorful T-shirts proclaiming "I Am a Military Child and Proud of It!" showed their pride as they strutted in a parade that marked the start of a month of activities in their honor.

The April 1 parade at Fort Stewart marked the beginning of a Month of the Military Child observance to recognize the sacrifices that youngsters – from toddlers to teens – make as part of their Family's service to America and the Army.

A parade at Hunter Army Airfield, held at the same time as the Stewart event, launched the month-long celebration there. More than 100 children from Hunter's Child Development Center as Family childcare providers marched in the Month of the Military child parade with staff and Family Members.

"This is a good opportunity to honor our kids and acknowledge their struggles and social challenges," said Sgt. 1st Class James Winstead, a Soldier from the 260th Quartermaster Battalion, along with his wife, also a 260th Quartermaster Soldier. The couple has a three-year-old daughter who attends Hunter's CDC, and a nine-year-old son.

"Military kids are faced with overwhelming obstacles these days," he added. "Our moves require them to change schools, friends and environments every two to three years. They have to learn to adapt."



Bob Mathew

Military children, wearing T-shirts proclaiming, "I'm a Military Child and Proud of It," marched in a parade, April 1, to mark the start of the Month of the Military Child. The various T-shirt colors represent different age groups.